TE MANAVA SPA

Ultimate Relaxation

THE ROAD LESS TRAVELED
pacificresort.com

FACIALS

TE TIKA FACIAL RITUAL
we will tailor a facial treatment for your personal needs! your skin will be cleansed, exfoliated and treated with essential oils, improving skin elasticity and hydration. a soothing facial massage gives special attention to the delicate tissue around the eyes, neck and décolletage.
80mins - 160.0 per person

TE TIKA SERENITY FACIAL
offering a gentle facial massage, this treatment is enhanced by pressure point techniques. enjoy a tantalising world of fragrant herbs and plants while aromatic essential oils carry you on a wonderful voyage to tranquil beauty. experience the benefits of essential oils with a tension reducing massage.
50mins - 110.0 per person

GLOWING AKARI BODY SCRUB
our signature coconut body scrub (home-made) moisturises, nourishes & gives your skin an exotic healthy glow recommended to also have before sun bathing to ensure an even sun-tan result.
50mins – 110.0 per person

PACKAGES

TIARE CLASSIC PACKAGE
free yourself with a deep tissue massage, getting rid of those stubborn knots and then pamper yourself with a luxurious facial.
1hr 45min - 185.0 per person

PACIFIC TOUCH OF LUXURY
for those who desire complete indulgence. beginning with a glowing body scrub using our home-made coconut exfoliant, followed by a cleansing shower, you will then enjoy your choice of an aromatherapy or deep tissue massage followed by a vitalising te tika serenity facial.
3hr – 350.0 per person

MASSAGES

AROMATIC BALINESE MASSAGE
this unique traditional therapy combines long stretching strokes with palm & thumb pressure to improve blood flow ease stress & calm the mind.
50mins - per person 95.0 / couple 190.0
80mins – per person 180.0 / couple 360.0

DEEP TISSUE MASSAGE
applying extra pressure helps to reach deeper tissue & clears stubborn knots created by everyday activity. this therapy releases the built-up toxins so your blood & oxygen can circulate normally through your body.
50mins - per person 95.0 / couple 190.0
80mins – per person 180.0 / couple 360.0

PREGNANCY MASSAGE
allow our therapists to relax tense muscles, ease sore spots, improve circulation & mobility. many aches and pains resulting from an altered centre of gravity causing extra stress on the body can be relieved or reduced with a soothing pregnancy massage.
50mins – 95.0 per person
80mins – 180.0 per person

ULTIMATE INDULGENCE MASSAGE
two therapists working together synchronising a blend of balinese, hawaiian, swedish & asian massage techniques, this is the ultimate massage experience.
50mins – 180.0 per person
80mins - 350.0 per person

*Please note that treatments listed above will take place at our sister property Te Manava Luxury Villas & Spa, located a short drive away. A complimentary shuttle service is available for resident guests.

for bookings, please contact guest services on extension 1900
NAIL LOUNGE

Pamper yourself

AUTHENTIC BOUTIQUE

pacificresort.com

TREATMENTS

EXPRESS COLOUR MANICURE / PEDICURE
salon perfect express service with your choice of colour (includes base coat & gloss application).

20 mins - 30.0 for each treatment

SPA MANICURE OR SPA PEDICURE
enjoy a gentle massage and pampering experience with your choice of colour (includes base coat & gloss application).

45 mins - 50.0 one treatment
90 mins -100.0 both treatments

NAIL ART
fashionable designs available at 3.0 per nail

FOOT MASSAGE
Your feet have thousands of nerve endings with trigger points that correlate to the entire body, using acupressure points to stimulate relaxation, a foot massage is a great treat to help reduce stress & assists in overall relaxation for better health.

20 mins - 25.0 per person

HAPPY FEET
combine the benefits of a relaxing & therapeutic foot massage with an express pedicure & delight your feet and sense of well being.

50 mins - 60.0 per person

for bookings, please contact guest services on extension 1900
PRIOR TO SPA TREATMENT

Before enjoying your treatment, a warm shower is advised to allow for your skin to better absorb the massage oil. We recommend you to leave your belongings such as jewelry (including fine jewelry or watches) or any other valuable item/s in the safe in your resort room, or at home as these items will need to be removed for the treatment. During your session there is slight movement of the body in accordance with our technique. Therefore, to ensure a more pleasurable experience, we kindly advise to avoid heavy meals or excessive amounts of alcohol prior to your treatment.

UPON ARRIVAL

Upon arrival please feel free to take a seat at reception, a spa therapist will arrive to greet you before escorting you to the Spa for your treatment.

To ensure you are relaxed with no discomfort, please feel free to highlight with your therapist any tension points or conditions that we need to be aware of. All personal details and information are handled with discretion and are strictly for our own reference to provide you the best experience and service we can, while taking careful care of your safety.

DURING YOUR SPA TREATMENT

We recommend leaving your mobile devices, at in your resort room or on silent mode. Let the comforting surroundings and gentle music guide you along a rejuvenating road to experience the relaxation of body and mind.

AFTER YOUR SPA TREATMENT

After your treatment, allow the massage oil/facial crème to absorb by leaving it on the skin for 1-2 hours.

LATE ARRIVAL OR CANCELLATION

Resident guests of Pacific Resort Rarotonga and Te Manava Luxury Villas & Spa are welcome to charge their spa treatment to their room account. Non resident spa guests are required to make full payment at the time of booking.

Please note a 24-hour cancellation notice is required, any cancellation made with less than 24 hours’ notice will incur a 50% cancellation fee. Full charges will be imposed for a “no-show” to any appointment.